

# PULLMAN DINING 2024 ALLERGENS, INTOLERANCES & DIETARY REQUIREMENT INFORMATION

Any requirements for allergen-free meals must be specified at the time of booking by contacting our Customer Services Team on **info@nymr.co.uk** with your Booking Reference number. Noting that, all our food preparation is done on board the Pullman service and we do not have an allergen-free zone for food preparation and service. Because of this, **we cannot guarantee there will be no cross-contamination**.

Food may contain: Cereals Containing Wheat (Gluten), Celery, Crustaceans, Egg, Fish, Lupin, Milk (Dairy), Molluscs, Mustard, Nuts, Peanuts, Sesame, Soy, and Sulphur Dioxide.

We can try to cater for vegetarians, dairy-free and those with diabetic and gluten-free needs based on an adaption of the menu being served at the time. Any such requirements must be made known at the time of booking and confirmed by us as manageable.

Due to the constraints of our Pullman Kitchen we cannot adapt the Afternoon Tea menu to suit a vegan or gluten free diet.

Table d'hôte menus apply and your choices must be pre-ordered. Dishes cannot be substituted between menus.



Cereal Containing

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Artisan Bread & Butter	Yes			*			Yes		*	*	*	*		
Spring Vegetable Soup		Yes												
Goats Cheese, Pear & Walnut Tart	Yes			Yes			Yes			Yes				
Chef's Chicken Liver Pâté	Yes			*			Yes		*	*	*	*		
Roast Loin of Yorkshire Pork	Yes	Yes												Yes
Yorkshire Seafood Chowder			Yes		Yes		Yes	Yes						
Pearl Barley Risotto	Yes	Yes								Yes				
Trio of Desserts	Yes			Yes			Yes			*			Yes	
Selection of Cheese & Biscuits	Yes	Yes					Yes		Yes			Yes	*	Yes
Hand-made Chocolates	Please c	heck the d	allergen in	formation	printed o	on the Ch	ocolates ‡	ackaging.						

#### **Customer Services**

Platform I, Pickering Station, Pickering, North Yorkshire, YOI8 7AJ

info@nymr.co.uk 01751 472508 Info correct at time of publishing, please remind Pullman Staff of any allergens when boarding.



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Artisan Bread & Butter	Yes			*		Yes		*	*	*	*		
Ham Hock Terrine								Yes					Yes
Lemon Chicken		Yes				Yes							
Watermelon, Feta and Mint Salad						Yes							
Roast Chicken Supreme		Yes				Yes							
Baked Salmon			*		Yes		*						
Asparagus and Wensleydale Tart	Yes			Yes		Yes						*	
Trio of Desserts	Yes			Yes		Yes			*			Yes	
Selection of Cheese & Biscuits	Yes	Yes				Yes		Yes			Yes	*	Yes

Please check the allergen information printed on the Chocolates packaging.

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**Hand-made Chocolates** 

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Artisan Bread & Butter	Yes			*		Yes		*	*	*	*		
Leek & Potato Soup		Yes				Yes							
Black Pudding Stack	Yes	Yes				Yes							Yes
Sliced Local Smoked Duck Breast													Yes
Roast Topside of Local Beef	Yes	Yes		Yes		Yes							Yes
Chef's Home-made Fish Pie	Yes	Yes	Yes		Yes	Yes	*						
Roasted Butternut Squash	Yes	Yes							Yes				
Trio of Desserts	Yes			Yes		Yes			*			Yes	
Selection of Cheese & Biscuits	Yes	Yes				Yes		Yes			Yes	*	Yes

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### ALLERGENS LIST

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(I) Cereals Containing

= Produced in a factory which also handles these products, risk of cross-contamination.

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Artisan Bread & Butter	Yes			*			Yes		*	*	*	*		
Broccoli and Harrogate Blue Cheese Soup		Yes					Yes							
Honey Roasted Fig, Parma Ham and Goats Cheese Salad							Yes							Yes
Smoked Mackerel, Pickled Fennel and Orange Salad			*		Yes			*						Yes
Daube of Beef		Yes												Yes
Cod, Cauliflower and Chorizo Mornay	Yes		*		Yes		Yes	*						Yes
Vegetable En-Croute with Roasted Red Pepper Sauce	Yes	Yes		Yes			Yes							
Trio of Desserts	Yes			Yes			Yes			*			Yes	
Selection of Cheese & Biscuits	Yes	Yes					Yes		Yes			Yes	*	Yes
Hand-made Chocolates	Please cl	heck the d	ıllergen in	formation	n printed o	on the Ch	ocolates p	ackaging.						

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PULLMAN 45™ ANNIVERSARY MENU

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Selection of Finger Sandwiches	Yes			Yes	Yes		Yes		Yes	*	*	*	Yes
Local Butcher Pork Pie	Yes			Yes					*	*	*	*	Yes
Scotch Egg	Yes			Yes			Yes		Yes	*	*	*	
Broccoli & Smoked Cheddar Quiche	Yes			Yes			Yes		*	*	*	*	
Falafel	Yes	Yes								*		*	
Fruit Scone with Jam & Cream	Yes			Yes			Yes						Yes
Summer Berry Posset							Yes						
Victoria Sponge				Yes			Yes		*	*	*	*	Yes
Chocolate Brownie	Yes			Yes			Yes		*	*	*	*	
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